

# 吸烟有害

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# 一点也不酷

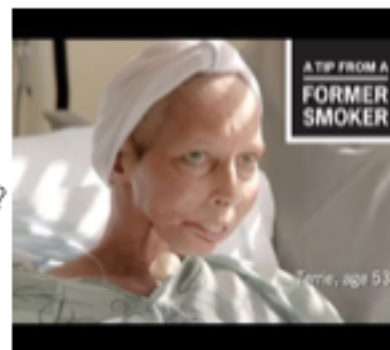


很多人觉得吸烟很酷，但是对不起，不是这样。

当你看起来像这样的时候，在高中时吸烟似乎很酷



但当你53岁，看起来像这样，你还觉得很酷吗？



smoking  
doesn't make  
you cool,  
sorry



# 肺癌



吸烟导致肺癌的可能性很高。  
xi yan dao chi fei ai de ke neng xing gen gao

A TIP FROM A FORMER SMOKER

**DO YOUR HEART A FAVOR. QUIT SMOKING.**

You can quit. Call 1-800-QUIT-NOW.

A TIP FROM A FORMER SMOKER

**IF YOU SMOKE WITH DIABETES, PLAN FOR AMPUTATION, KIDNEY FAILURE, HEART SURGERY... OR ALL THREE.**

Bill, Age 40 Michigan

Smoking makes diabetes much worse. You can quit. For free help, call 1-800-QUIT-NOW. #CDCTips

U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention  
www.cdc.gov/tips



# 二手烟



二手烟会导致癌症的可能性更高.

er shou yan dao zhi yao zheng de keneng xing gen gao

## 一个小故事

有一次，有人在吸烟，从来没有停止过，最后，他的妻子死于二手烟造成的肺癌。



you yi ci, you ren zai xi yan, cong lai mei you ting zhi guo, zui hou, ta de qi zi si yu er shou yan zao cheng de fei ai





上癮



一旦你吸烟上瘾了，它很难停止。  
yi dan ni xi yan shang yin le , ta hen nan ting zhi



# 谢谢大家

