

# Domino Determination

You will need dominos or any object that can be set up like a domino drop chain. You will need to set up 3 chains. The first chain should have some of the dominos too far apart for the chain to continue to fall. The second chain should have the middle of the chain off-set so that the second half of the chain does not fall. The third chain should have all of the dominos aligned so that they all fall consecutively. Before tripping the domino chains, discuss goals and how determination plays a part in achievement. You may want to find an age appropriate story or just a few facts about Thomas Edison's determination in inventing the light bulb. He had an unbelievable number of failures before hitting on the right combination. Talk about how losing interest in a project makes it hard to complete. Demonstrate this with the first domino chain. Next, you can talk about how distraction or losing your focus on a goal makes it hard to achieve. Demonstrate this with the second domino chain. Staying determined helps achieve goals. Demonstrate this with the third domino chain.

Keeping with the theme of dominos, create a hand-out for the students that has space for writing a goal at the top. The main body of the page should be 3 large dominos drawn sideways. The first one has just one dot on the left side and blank on the right. The second domino has two dots on the left, blank on the right. The third should have 3 dots on the left and blank on the right. The students should identify a goal at the top of the page and write steps or activities that will help reach the goal on each of the right sides of the dominos. Encourage the goals to be small enough that they can be achieved this month. At the end of each week have the students revisit these pages to see how on track they are.

