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| TIME时间 | MONDAY周一 | TUESDAY周二 | WEDNESDAY周三 | THURSDAY周四 | FRIDAY周五 |
| **8:00** | Exploratory Play&Progressive snack区角活动及点心 | Outdoor Activities & snack户外活动和点心 | Exploratory Play&Progressive snack区角活动及点心 | Outdoor Activities & snack 户外活动和点心 | Exploratory Play&Progressive snack区角活动及点心 |
| **9:30** | Music activity音乐活动9:30 – 10:15 |
| **10:00** | Group time集体活动 | Group time集体活动 | Group time集体活动 | Gym 体育活动9:45 －10:30  |
| **10:30** | Outdoor Activities户外活动 | Exploratory Play&Progressive snack区角活动及点心 | Outdoor Activities户外活动 | Exploratory Play&Progressive snack区角活动及点心 | Group time集体活动 |
| **11:15** | Lunch 午餐  |
| **11:50** | Prepare for Body Rest 准备午休 |
| **12:00** | Body Rest 午休 |
| 13:30 | Free play自由活动 |
| 14:00 | Afternoon Snack点心  |
| 14:30 | Library 图书馆 | Group Time 集体活动 |
| **15:00** | Dismissal Begins 放学 |

**K4D**

**Ms. Andrea & Ms. Zoe（张老师）**