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| TIME 时间 | MONDAY 周一 | TUESDAY 周二 | WEDNESDAY 周三 | THURSDAY 周四 | FRIDAY 周五 |
| **8:00** | Exploratory Play  &Progressive snack  区角活动及点心 | Outdoor Activities & snack  户外活动和点心 | Exploratory Play  &Progressive snack  区角活动及点心 | Outdoor Activities  & snack  户外活动和点心 | Exploratory Play  &Progressive snack  区角活动及点心 |
| **9:30** | Music activity  音乐活动  9:30 – 10:15 |
| **10:00** | Group time  集体活动 | Group time  集体活动 | Group time  集体活动 | Gym 体育活动  9:45 －10:30 |
| **10:30** | Outdoor Activities  户外活动 | Exploratory Play  &Progressive snack  区角活动及点心 | Outdoor Activities  户外活动 | Exploratory Play  &Progressive snack  区角活动及点心 | Group time  集体活动 |
| **11:15** | Lunch 午餐 | | | | |
| **11:50** | Prepare for Body Rest 准备午休 | | | | |
| **12:00** | Body Rest 午休 | | | | |
| 13:30 | Free play自由活动 | | | | |
| 14:00 | Afternoon Snack点心 | | | | |
| 14:30 | Library 图书馆 | Group Time 集体活动 | | | |
| **15:00** | Dismissal Begins 放学 | | | | |

**K4D**

**Ms. Andrea & Ms. Zoe（张老师）**