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| **TIME 时间** | **Monday 周一** | **Tuesday 周二** | | **Wednesday 周三** | | **Thursday 周四** | | **Friday 周五** | |
| 8:00 | Developmental Learning Activities发展性学习活动 | Developmental Learning  Activities发展性学习活动 | | Developmental Learning  Activities发展性学习活动 | | Developmental Learning  Activities发展性学习活动 | | Developmental Learning  Activities发展性学习活动 | |
| 9:00 |
| Music 音乐 | |
| 9.30 | Bathroom Routine / Snack  盥洗 / 点心时间 | | PE  体育课 | | Bathroom Routine / Snack  盥洗 / 点心时间 | | Bathroom Routine / Snack  盥洗 / 点心时间 | | Bathroom Routine / Snack  盥洗 / 点心时间 |
| 10.00 | Circle Time (Chinese / English) 语言体验 (中/英文活动) | |  | | Circle Time (Chinese / English)  语言体验 (中/英文活动) | | Circle Time (Chinese / English)  语言体验 (中/英文活动) | | Circle Time (Chinese / English)  语言体验 (中/英文活动) |
| 10:30 | Outdoor Play户外活动 | Outdoor Play户外活动 | | Outdoor Play户外活动 | | Outdoor Play户外活动 | | Outdoor Play户外活动 | |
| 11:00 | Circle Time (Chinese / English)  语言体验 (中/英文活动) | |
| 11:20 | Half-day Children Dismissal 半天的小朋友放学  Full-day Children Lunch 全天的小朋友吃午饭 | Half-day Children Dismissal 半天的小朋友放学  Full-day Children Lunch 全天的小朋友吃午饭 | | Half-day Children Dismissal 半天的小朋友放学  Full-day Children Lunch 全天的小朋友吃午饭 | | Half-day Children Dismissal 半天的小朋友放学  Full-day Children Lunch 全天的小朋友吃午饭 | | Half-day Children Dismissal 半天的小朋友放学  Full-day Children Lunch 全天的小朋友吃午饭 | |
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| 12:00 | Bathroom Routine / Body Rest / Afternoon Snack 盥洗 / 午休准备 / 午休时间 / 点心时间 | | | | | | | | |
| 2:30 | Developmental Learning Activities / Outdoor Play / Stories / Songs 发展性学习活动 / 户外活动 / 故事 / 歌曲 | | | | | | | | |
| 3:15 | Dismissal 小朋友放学 | | | | | | | | |

**K2C Timetable 作息时间表**